**Support Strategies**

Surname: Taylor

Given name: James

Date of Birth: 10/03/1940

**(Affix patient label here)**





Sex: M

**H**as a cognitive disability

**E**xtra assistance required

**L**ives with 24-hour support

**P**rovide care in ALL ADLs

**Victoria**

|  |  |
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| 1 | ***Choking Risk****:* James is at risk of choking. His food and fluids must be modified at all times; please follow his Mealtime Management Plan in the **GREEN** section of his A2D Folder. **He needs full supervision while eating.** James has an obsession with liquids – particularly coffee. He will take coffee from others, so please ensure there are no drinks within his immediate vicinity, as he WILL attempt to reach them. It is highly recommended to close James’s curtain while other patients eat and drink to avoid raising his anxiety. |
| 2 | ***Fear of medical procedures****:* James is afraid of most medical procedures. He may flinch and pull away, or grab tools or medical staff to push them away from his body. He does not like to be touched, so please do not try to comfort or calm him in this manner. Give him space and give him time. James may require sedation to conduct important medical procedures. DO NOT try to hold him down as he will become extremely distressed. |
| 3 | ***Communication:* James is deaf and doesn’t speak. He is blind in his right eye, and his eyesight in his left eye is poor. Staff use simple sign language to communicate with him – however, James is unable to use signs himself. See his Communication Profile for more information. Stand directly in front of James and be deliberate with your movements. James may not respond to your attempts at communication depending on his state of mind, but it is important to try.** |
| **4** | ***Mobility and continence:* James uses a wheelchair. He is able to weight-bear with the assistance of railings. He will require a shower chair for showering, and may not be comfortable with the process of sponge-bathing. He wears an incontinence aid all times. Please support him to go to the toilet every 2 hours.**  |
| **5** | ***Love of Coffee****:* James enjoys a coffee in the morning after his breakfast and this is very important to him – Fluid MUST be thickened. All details in his **Mealtime** **Management Plan.** It is also recommended to offer this to James at times when he may be stressed or upset, in order to calm his anxieties. He needs full supervision with his drinking. |

SESLHD would like to acknowledge Carer Support Unit, Central Coast LHD for developing the TOP 5 tools resources and processes.

**Compiled by: : Emergency Contact: Telephone:**

**Date: : Emergency Contact: Telephone:**

**03/10/2016**

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